

elasticity. The facial massage inside and outside the mouth also increases blood and oxygen supply, as well as collagen production.

Salt Med Facial

Awaken Aesthetics, awaken-nj.com

The healing benefits of sea salt on your skin after a dip in the ocean are like no other. So why not enjoy them year-round? Employing a salt facial device that uses macro LED rejuvenation, Awaken Aesthetics detoxifies the skin with organic sea salt, replenishes the surface with aesthetic ultrasound, and rejuvenates and improves circulation while stimulating collagen production with LED phototherapy. “Salt is a natural humectant that draws and locks in moisture at the cellular level,” says founder Ellen Lauletta. “It’s naturally antibacterial, antimicrobial and anti-inflammatory, which makes it extremely versatile to treat many different types of skin conditions.” The results? Glowing and healthy skin.

Sculpt Body Treatment

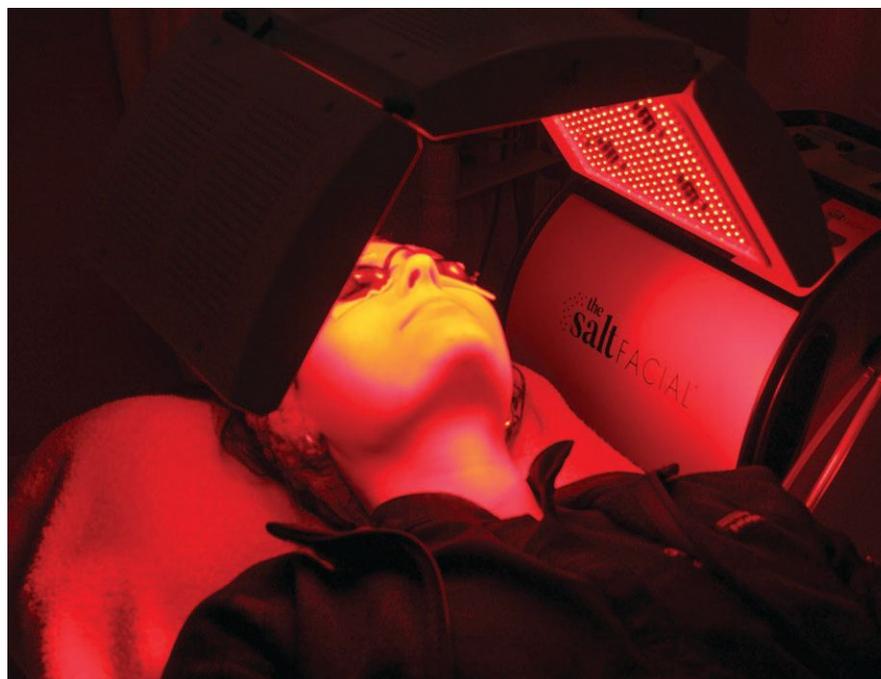
Away Spa at W Philadelphia, wphiladelphia.com/awayspa

Whether you’re training for a triathlon or frequenting a Pilates studio, reoxygenation and toxin elimination are key for healing. Firm the skin while reducing muscle tension and soreness with Away Spa’s 50-minute Sculpt Body Treatment. While a Brazilian yellow clay body mask restores nutrients, along with plankton extract to stimulate your metabolism, the Tui Na massage technique reduces the appearance of cellulite. “This kneading, rolling and lifting technique [Tui Na massage] helps activate the mask, allows for greater product penetration and brings balance to the body,” explains Away

Spa esthetician Katie Scheidt. Before leaving refreshed, a water-balancing massage oil is used to improve microcirculation and reduce swelling.

Signature Luxe Organic Tan Baked, bakedtanning.com

Summer is almost here—it’s time to tan away your ghostly winter skin. Before slipping on a spring dress, stop by Baked for its Signature Luxe Organic Tan—perfect for clients on the go. After the desired tan is applied, a ground rice odor-absorbing finishing powder allows clients to immediately dress without the worry of smudging. And thanks to a lot of aloe and hyaluronic acid in the formula, the treatment keeps you glowing for nine to 12 days. “Our organic tan lasts the longest, and we have 14 shades available to fully customize the tan,” says owner Adrienne Volpetti. “A toner preps the skin for proper color development while the powder adds a layer of protection between your fresh tan and clothing—it also smells amazing.” ◦



From top: Aleshia Regan of Awaken Aesthetics performing a salt facial; LED phototherapy stimulates collagen production, rejuvenates the skin and improves circulation.