



## PRE - TREATMENT INSTRUCTIONS

### All Treatments

- Stop using retinols and acids at least 3 days before your treatment
- If you experience cold sores or fever blisters, please call the office three days before your appointment for a prescription to minimize the chances of experiencing one. Anytime we work near the mouth in particular, you may experience a post-procedure fever blister. Please be prepared to tell us your full name, birthday, allergies, and what pharmacy you use so a provider can call a prescription in for you.
- If you are receiving tox, you must be 90+ days out from your previous tox treatment in order to be treated in the same areas at Awaken Aesthetics.
- If you have had a virus or a vaccine in the past two weeks

## MEDICAL GRADE PEELS

### Pre-appointment/application

- VI Peel only: Download the VIPEEL app from the App Store prior to the appointment. This will give you step-by-step instructions for your aftercare.
- Wear a tank top, v-neck, or something loose so that you can easily access your face, neck, and chest. Darker clothing is suggested.
- Wash your face with a gentle cleanser to remove all make-up, oils, and products prior to the procedure.

## SALTMED TREATMENT/CUSTOMIZED FACIAL

### Pre-appointment/instructions

- Refrain from applying any makeup prior to your appointment. Clean skin is best, and we will be able to take more accurate before and after photos to track your progress.

## LASH LIFT & TINT

### Pre-appointment/instructions

- Arrive with clean lashes. No makeup on or around the eyes, and no mascara. Any residue left could yield poor results for the lift.