



## TOX POST-TREATMENT INSTRUCTIONS

- It takes two full weeks for your tox to “kick in” and settle to its final state. We will not be making adjustments for the entire two weeks to avoid “overtreating”. If in two weeks you would like to adjust anything or add more to any spot, we will do so at your optimization appointment.
- Wait at least 12 days before comparing before/after pictures to evaluate treatment
- Swelling and bruising post-procedure can occur – avoid massaging.
- No application of ice to injection sites or massaging the face.
- Avoid touching your face for the remainder of the day or wearing hats, tight sunglasses
- Eyebrows are sisters, not twins; they never were and never will be 100% equal. They are not equal before we inject, we will show you at your appointment.
- The side you sleep on will kick in faster.
- Temporary eyelid or brow heaviness is normal. Being unable to see is not normal. Please call if that is the case.
- Avoid taking a hot shower or blow-drying hair for 24 hours post-procedure.
- Avoid makeup until tomorrow.
- Wash your face with a gentle cleanser tonight, pat skincare on, and do not rub.
- Elevate the head for four (4) to six (6) hours. This is very important to minimize the toxin from migrating to unwanted areas – which can create eyelid droop (ptosis). Avoid lying down flat on your face or leaning forward (massages, chiropractor, planking, etc) for four (4) to six (6) hours
- No exercise for the rest of the day.
- Lower face tox clients – one side of your lower lip droops while talking or smiling, and the other side compensates (it will get caught between your teeth like you’re biting your lip) please call. This is easily fixable if you let us know.